Riverside College

**Corner Cellars & Carmine Drive Burgundy Estate**

**Ph nr: 021 802 2001/3 074 779 1352**

9 November 2018

Dear Parents,

This week in assembly we listened to a very good story that taught us an important lesson about telling the truth. It is closely related to ‘the boy who cried wolf.’ We learned that we should never tell lies or make up stories to prevent getting into trouble. Rather tell the truth if you are guilty of something, because lying might get you into bigger trouble in the end. Remember, honesty is the best policy.

**NEWS FROM THE GRADE 6 CLASS**

2018 is coming to an end and so is the grade 6’s Primary School journey. It has been a tough year for each of them, but still they did their best and got through it. They are now hard at work to be prepared for their final exams. This is the last stretch and they should keep going until the end. Good luck grade sixes! You got this!



**LIBRARY**

These visits will be the last visits for 2018.

Grade 2 – 3: Thursday 15 November

Grade 4 – 6: Wednesday 14 November

**SCHOOL DROP OFF AND COLLECTION**

We would like to remind all parents, grandparents and nannies to only collect their children at the correct time, at the end of their specific school day. No food or water is to be dropped off at the classrooms either. Please bring food or clothes, that was left at home, to the office it will then be distributed to the correct learner. If you must collect your child earlier for a doctor’s appointment, etc. please announce yourself at the office, the office ladies will then call for the child and the parents or guardian must then sign the child out. Thank you for your support in this matter.

**IMPORTANT DATES:**

\*9 November: Extra-murals end for all learners Grade 1-6

\*12 November: School will finish at 1pm for all learners until the end of the term

\*13 November: Grade R to Grade 6 Prize-giving at 09:00 am at the NG Church, Welgelegen

\*19 November: Intermediate Phase exams begin

\*05 December: Inter-house sports day

\*07 December: School closes for all learners at 11:00am

\*16 January 2019: School re-opens for learners



**HONOURABLE MENTION**

The following learners received a total of 60 merits up until now. They are Skylar Geyer in Grade 2, Ziyah Shearon and Ruby O’Connor in Grade 4. Well done to all of you on this big mile stone!

**STAR OF THE WEEK**

Well done to our stars. We are very proud of you!

Gr 00/000 Yasmine Kalwiba Gr 4 Ziyah Shearon

Gr R Kgatontle Moremong Gr 5 Miraya Ramkissoon

Gr 2 Krishita Shahria Gr 6 Joshua Raine

Gr 3 Isabella Büser

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| **AFTERCARE WEEKLY MENU – Week 1** | |
| **MONDAY** | Spaghetti Bolognaise |
| **TUESDAY** | Beef and Veggie Stew with Rice |
| **WEDNESDAY** | Fish fingers, veggies, Treat: Fruit Salad and custard/soup |
| **THURSDAY** | Macaroni Cheese |
| **FRIDAY** | Savory Mince with veggies on rice |

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| **PRESCHOOLERS GR000 – GR R** Planning for the week 12 - 16 Nov |
| Theme for the week:   * Day and Night |
| PLEASE SEND THE FOLLOWING:  - Message Books daily ☺ |
| PLEASE REMEMBER:   * A change of clothing every day * A healthy snack + Water/Juice * No fizzy cooldrinks or sweets |
| WHAT WE WILL LEARN THIS WEEK:   * Phonics: Revision of all letters & reading and writing 3 letter words * Maths: Number 15 & word sums |

***Brainteaser #37 Answer – 12 years old.***

****

**Brainteaser: #38**

27 ducks are marching to the pond.

5 lose their way, 13 return, and 9 of

them make it to the pond.

What happens to the rest of

them?

**Happy Birthday!**

A very happy birthday to the following learner who celebrated her birthday this week:

8 November Amara Arulandu Gr 2

9 November Thabo Dlodlo Gr R



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**A note from the vice principal, Madelein Luttig**

****We all know that exams can be stressful. Therefore, I want to share some tips with you as the end of year exams are around the corner.

*Sleep-* pulling all-nighters and depriving yourself of sleep during exam time is possibly the worst solution when it comes to effective learning. Continue to stick to a healthy sleep routine to enhance memory and brain-functions so that your child remembers the things they have been studying hard for.

*Eat right-* Avoid foods that are high in sugar rather give your children food that have Omega 3 as it is great for the brain.

*Relaxing music can help you study better-* music can elevate the mood and create a sense of calm. Classical music is a great way to restore your mind’s concentration levels while getting into rhythm with whatever it is child is trying to study.

*Set goals-* set goals with your child this weekend, discuss what a possible reward could be for their hard work after the exams, but they also need little rewards during their studies this will help your child to keep going.

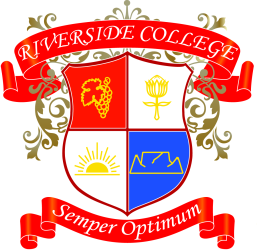
*Plan-* set up a study timetable, with your child, this weekend. Do not leave things to the last minute. If your child start studying earlier, they are more likely to improve their results and they will feel more confident too.

*Study notes-* Make them super colourful, friendly and bright. It helps to separate headings, paragraphs and categories by using bright colours or even pictures so that their minds are stimulated creatively.

Good luck with this last big effort before we can all relax for a few weeks!

Enjoy your weekend,

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