



# Riverside College

Corner Cellars & Carmine Drive Burgundy Estate  
021 802 2001/ 074 779 1352

05 April 2019

Dear Parents

## **A message from our Principal: Mr. D Swart**

Welcome back to a brand-new term!

You are not the same person you were at the end of term 1! Think about it; you have evolved, grown, matured, become a different version of yourself...

That is right, we are ever changing, constantly becoming and definitely constantly moving. You may not realize this or even be aware of this, but it is happening, every single day. So here we stand at the start of yet another term, and by the end of it – 10 weeks from now – you are going to be very different again...

The question is: what are you going to do with the 10 weeks that are ahead of you? Are you going to make the best use of this time? Are you going to embrace the opportunities that it represents, or are you going to get to the end of it and wonder what happened to all the time you had?

Are you going to blame everyone around you for your failings and your short comings, or for the fact that you have dropped the ball in some area of your life, or are you going to embrace the journey that you are on and make the absolute best of every opportunity that presents itself to you? Are you going to grab every opportunity to become a better, a happier and a more fulfilled YOU?

As thinking, feeling beings, it is important to realize that in order to become the best version of ourselves, we need to take responsibility for our own emotional self-care. Only through our example will our children and loved ones know what this looks like, what this feels like and know how important this is for every individual to want to achieve. But let us not hide the fact that it is HARD...it takes time and practice, and oh so much patience.

It is hard because you have to actually think, feel and interact with yourself and with other real human beings!

Next week we will share a few tips on how to achieve this state of positive emotional self-care.

### **Important Dates and Announcements:**

Term 2	03/04 – 14/06
Senior School Camp	10 – 12 April
School photos for website	16 April – postponed from term 1
Professional School video	24 April – Postponed from term 1
Voting (Public Holiday)	08 May – Public holiday
Art Auction & Cheese and wine	31 May – A not to be missed event!

*\*All of these events will take place on the school property.*

### **Examination Dates:**

Gr 7 – 9	22 May – 10 June
Gr 10 – 12	20 May – 10 June

**Olympiad dates:**

Natural Science 16 May – Written at school  
Life Science 16 May – Written at school

**School Camp:**

All school rules and regulations apply to children attending school outings and camps. With this in mind, please consider this as a very stern warning: Any learner that misbehaves in any unacceptable manner will be sent home from camp, will face disciplinary procedures if necessary and will be banned from attending any future outings and camps.

All bags will be searched before climbing onto the bus, as well as during their stay, and learners who are found in the possession of alcohol, cigarettes, cell phones or any other illegal items/substances will summarily be removed from the bus and/or sent home. Learners are not allowed to self-medicate while on camp and all tablets etc. will be confiscated.

**Term 2 Sport:**

Please remember that the sport been played at the arena will continue this term. The fees for participating at the arena have been paid upfront and it is therefore important that you continue playing and supporting your chosen team.

Monday – Netball

Tuesday – Cricket

Thursday - Soccer

**Reminders and notes:**

- Do not double-park in the street to drop off or collect your child as this is causing much frustration for the motorists trying to get passed you. Besides all of the frustration it is causing it is posing a severe risk for our children.
- Do not park in the teachers parking area or on NO PARKING spots.
- Please add us on Instagram – search for riversidecollege\_cpt
- If you haven't already, check out our Facebook and give it a like – search for –'Riverside College' and stay up to date with all activities.
- If you're on Twitter, follow us on @RiversideCPT for daily updates, pics and news.

**School Schedule:**

Monday	08 Apr	Day 6	07:55 – 15:15
Tuesday	09 Apr	Day 7	07:55 – 15:15
Wednesday	10 Apr	Day 8	On camp
Thursday	11 Apr	Day 9	On camp
Friday	12 Apr	Day 10	On camp

Have an awesome weekend!

High School Staff  
Riverside College