

Riverside College

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5 April 2019

Dear Parents.

Welcome back to school! Hope you all had a lovely holiday and had plenty of rest. We would like to wish all the learners well as they start the 2nd term. Remember to stay focused, work hard and enjoy the journey. Make each day your best day!

NEWS FROM THE GRADE R CLASS

The Grade R learners are excited to be back at school and be with their friends again. They all enjoyed their holidays and are ready to learn!

LIBRARY

Grade 2 - 3 9 April Grade 4 - 6 17 April



IMPORTANT DATES

08/04 - 10/04Gr4-6 Camp Term 2 03/04 - 14/06Term 3 11/07 - 20/09Term 4 01/10 - 04/12

Election Day (Public Holiday) 08 May

School photos for website 16 April – Postponed from Term 1 Professional School video 24 April – Postponed from term 1 Art Auction & Cheese and wine 31 May – An event not to be missed!

SCHOOL CAMP

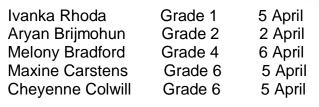
All school rules and regulations apply to all children attending school outings and camps. With this in mind, please consider this as a very stern warning: Any learner that misbehaves in any unacceptable manner will be sent home from camp, will face disciplinary procedures if necessary and will be banned from attending any future outings and camps.

All bags will be searched before climbing onto the bus, as well as during their stay, and learners who are found in the possession of any illegal items/substances, including cell phones will summarily be removed from the bus and sent home. Learners are not allowed to self-medicate while on camp and all tablets found will be confiscated.

Please remember that we need to ensure the safety of all children, including your child and thus we need to be strict and make sure that everyone understands the rules and the consequences. Please help us by explaining to you child what behaviours are acceptable and which are not.

Happy Birthday!

A very happy birthday to the following learners who celebrate their birthdays this week.



BRAINTEASER

Brain teaser answer: #7

They are all married.

Brainteaser: #8

What can you hold without ever touching or using your hands?

AFTERCARE	WEEKLY MENU - Week 1	
MONDAY	Spaghetti Bolognaise	Α
TUESDAY	Beef & Veggie stew with Rice	no e
WEDNESDAY	Fishfingers, veggies, baked beans	fro m
THURSDAY	Macaroni Cheese	th
FRIDAY	Savoury mince with veggies on rice	pr no pa

Dave Swart

Welcome back to a brand-new term!

You are not the same person you were at the end of term 1! Think about it; you have evolved, grown, matured, become a different version of yourself...

PRESCHOOLERS GROOD - GR R Planning for the week 8-12 April Theme of the week: Shapes PLEASE SEND THE FOLLOWING: - Message Books daily © PLEASE REMEMBER: - A change of clothing every day - A healthy snack + Water/Juice - No fizzy cool drinks or sweets

WHAT WE WILL LEARN THIS WEEK:

- Letter Gg
- Number 7
- 2D and 3D Shapes

That is right, we are ever changing, constantly becoming and definitely constantly moving. You may not realize this or even be aware of this, but it is happening, every single day. So here we stand at the start of yet another term, and by the end of it -10 weeks from now - you are going to be very different again...

The question is: what are we going to do with the 10 weeks that are ahead of us? Are we going to make the best use of this time? Are we going to embrace the opportunities that it represents, or are we going to get to the end of it and wonder what happened to all the time we had?

Are we going to use this time to teach our children how to appreciate and how to celebrate this wonderful gift called life? Are we going to embrace the journey that we are on and make the absolute best of every opportunity that presents itself to us? Are you going to grab every opportunity to become a better, a happier and a more fulfilled YOU?

As thinking, feeling beings, it is important to realize that in order to become the best version of ourselves, we need to take responsibility for our own emotional self-care. We can teach our children the definition of self-care, but it is only through observing our example that our children and loved ones will know what this looks like, what this feels like and know how important this is for every individual to want to achieve. But let us not hide the fact that it is HARD...it takes time and practice, and oh so much patience.

It is hard because you have to actually think, feel and interact with yourself and with other real human beings!

Next week we will share a few tips on how to achieve this state of positive emotional self-care.

REMINDERS AND NOTES

- Do not double-park in the street to drop off or collect your child as this is causing much frustration for the motorists trying to get passed you. Besides all of the frustration it is causing it is posing a severe risk for our children.
- Do not park in the teachers parking area or on NO PARKING spots.
- Please add us on Instagram search for riversidecollege_cpt
- If you haven't already, check out our Facebook and give it a like search for –<u>'Riverside College'</u> and stay up to date with all activities.
- If you're on Twitter, follow us on @RiversideCPT for daily updates, pics and news.

Enjoy your weekend, Primary School Staff