



# Riverside College

Corner Cellars & Carmine Drive Burgundy Estate  
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21 February 2020

Dear Parents,

This week started with a positive message in assembly. We are discussing the 7 Habits of Happy Kids and the message this week was on how to have a Win-Win situation.

Students learnt of a little girl named Lilly who badly wanted a garden to plant strawberries. Initially Lilly's mom declined her request. Instead of sulking or feeling angry Lilly wrote a note explaining that she would really work hard to keep the garden healthy and she would share her strawberries. Her mom agrees on these terms.

Truly, thinking Win-Win, or always thinking about another as well as yourself, is one model of the great mental habits we can teach our children. After all, life isn't just about me or just about you-it's about both of us.

## **NEWS FROM THE GRADE 3 CLASS**

The grade 3's have been learning about First Aid in Life Skills and also how to deal with different emotions. They have been encouraged to work together as a team and to always approach each other with love and support. They did a great job as a class to decorate their door for Valentine's day and they showed kindness all around.



## **IMPORTANT DATES**

Term 1 : 15 January – 19 March 2020  
Gr 1 – 3 Assessment week : 9 – 13 March  
Gr 4 – 6 Test week : 9 – 16 March  
Gr 4 – 6 Camp : 20 – 22 April

## **LIBRARY**

Grade 2 and 3 25 February  
Grade 4 and 5 26 February  
Grade 6 27 February

## **Happy Birthday!**

A very Happy birthday to the following learners who celebrated their birthday this week.

Cameron Fish Grade 6 18 February 2020

## **Reminders and notes:**

- Parents be reminded to drop your child and go in the mornings. Please do not linger. We aim to get a structure in place and we appreciate your co-operation.
- Add us on Instagram – search for riversidecollege\_cpt.
- Please note that learners from Grade 1 to Grade 6 need to be dropped for school and not escorted to their classes. Any learners that are late need to check in at office before going to their classes.

## **BRAINTEASER**

### **Brain teaser answer: #5**

It would take 51 days. Half the flowers would be full the day before. The 51<sup>st</sup> day.

### **Brainteaser: #37**

I am a three-digit number, My second digit is 4 times bigger than the third digit. My first digit is 3 less than my second digit. Who am I ?

### **Star of the week :**

Gr 00-000 Lebo Ramaselela

Gr R Lathitha Ncheba

Gr 1 Daisy Karombo

Gr 2 Callan Swartz

Gr 3 Sam Africa

Gr 4 Simthandile Tshishonga

Gr 5 Tendai Msomi

Gr 6 Jaden du Preez

### **Other News**

Thank you to all the classes for their beautiful Valentine's doors. There was great competition between the classes. Well done to the following classes:

1<sup>st</sup> place – Grade 5

2<sup>nd</sup> place – Grade 2 and Grade 00

3<sup>rd</sup> place – Grade 4

Thank you to all that took part and to our judges who had a very difficult task in choosing our winners.

### **Message from our principal: Mr. D Swart**

The opposite of acceptance is rejection.

If this SOUNDS harsh then take a moment to imagine how it must FEEL...

Unfortunately, there is no measure of acceptance, either you accept someone for who they are, or you reject them. It is often this feeling of rejection by loved ones that drives depression, self-harming, self-loathing and even suicide.

Acceptance requires understanding! It requires change! It requires patience! Most of all it requires LOVE, the unconditional kind.

Please do not reject loved ones based on things that you might not understand or agree with, but rather show acceptance and love and support so that they can grow through the difficult times and reach a place of self-acceptance, self-love, peace and happiness.

Mental health is all encompassing and this too forms part of your and my state of being...please do not undermine the mental health of another individual without a thought of the consequences it might have on that person's life!

Have a lovely weekend!

Primary School Teachers

## **AFTERCARE WEEKLY MENU – Week 2**

<b>MONDAY</b>	Chicken and Veggie stew with Rice
<b>TUESDAY</b>	Meatballs and Rice with sweet pumpkin and gravy
<b>WEDNESDAY</b>	Fishfingers, mash and salad, Treat: jelly and custard/soup
<b>THURSDAY</b>	Shepherd's pie with veggies and rice
<b>FRIDAY</b>	Pizza and Chips

### **Preschoolers Gr 000-Gr R**

Planning for the week 24 – 28 Feb

#### **Theme of the week:**

My five senses

#### **Please send the following:**

Message books daily

#### **Please remember:**

A change of clothing everyday

A healthy snack + water/juice

**NO** fizzy cooldrinks or sweets

#### **What we will learn this week:**

Phonics: f F

Math : Number 6