



Riverside College

Cnr Cellars & Carmine Drive Burgundy Estate
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3 March 2023

Dear Parents,

REACH FOR THE STARS - a phrase that our learners know all too well. With assessments just around the corner, this phrase is very fitting. This is now their time to shine as bright as ever. It's a new year and new grade for all of them and the first opportunity to show their teachers and parents what they are capable of. We want all our learners to give it their best to achieve their goals – not only for the assessments, but all the time. You can do it, boys and girls!

Miss Rossouw

Shoot for the
* * * * *
MOON * * * * *
EVEN IF YOU MISS
* * * * *
you'll still land
* * * * *
AMONG THE * * * * *
* * * * *
STARS

Grade 6 News:

It has been such a great term thus far with the Grade 6 class. They are all so eager to learn and started the year off with great determination. They are coping so well with the workload and have settled in easily. I am excited to see what the rest of the year holds for them. I wish them all the best for the first round of upcoming tests. I am positive that they will deliver great results this term.

EXCITING EVENT! FINAL REMINDER!

With the sun still high in the sky, and temperatures in the mid 30's to be expected, we are all aware that summer will end sooner than anticipated. With this in mind, it is time for the annual Burgundy Estate & Riverside College 5 km **TWILIGHT Colour Fun Run** which is in aid of **Iris House Children's hospice and takes place on the 3rd of MARCH.**

This 5km Fun Run takes place in the secure environment of Burgundy Estate and ends with the fun filled blast of colour as you throw your colour bombs in the air! Dress up as your favourite TV /book character, superhero or even as a clown, but make sure that you are ready to have fun.

This event was hugely successful last year and promises to be even better this year. Bring your family and friends and enjoy this extraordinary day with us. It is all for a very good cause. Iris House is a well-known NPO that does the most awe-inspiring work with children and families who are in need of respite care.

This event is for individuals and teams who want to exercise, have fun and enjoy an evening market in a fun and relaxed environment.

Entry fees are as follows:

- R120 per individual, which includes 2 colour bombs.
- R450 per team of 4 members, which includes 8 colour bombs.

There will be prizes for winners of the following categories:
(male/female/child/pensioner + best dressed team).

Tickets: <https://qkt.io/C9RBv4>

Hurry and book your tickets NOW!

Test Timetable:

The test timetable has been handed out to the Intermediate Phase learners, along with a scope for each subject. Please allow time for your child to study each



Important Upcoming Dates & Events:

- 13 Mar – Exams Start
- 16 Mar – Exams for Intermediate Phase and Assessments for Foundation Phase start
- 20 Mar – Special School holiday
- 21 Mar – Human Right's Day
- 27 Mar – Exams End
- 29 Mar – School Ends for Students

afternoon.

Homework Diaries:

Kindly ensure that you regularly check your child’s homework diary/message book. Important information is also given through the diaries which parents do not see. It then causes frustration, which is not necessary.

Grade 12 Fundraising Events:

The Grade 12 class of 2023 has put together a list of fundraisers they would like to host for their matric farewell. The cost is R20 per event.

- 3rd March Wear your favourite colour day.
- 5th May Dress up as a teacher in the school.
- 15th June Dress up as the first letter of your name.
- 21st July PJ Day.
- 1st Sept Rainbow Day for spring day.

Library:

- 07/03: Gr 4 & 6 Last visit
- 08/03: Gr 5 Last visit

Extra murals and extra lessons:

All extra lessons, extra murals and cultural activities end on Friday, 10 March.

Blazer Monday:

Mondays are Blazer Mondays.

Stars of the Week:

Grade 00	Sarah Hiebner	Grade 4	Amari Inyangudo
Grade 1	Arha Makka	Grade 5	Zara Samuels
Grade 2	Mika Cathcart	Grade 6	Cecile Laurette Dongmo
Grade 3	Lerato Mathebula		



2023 Term Dates

Term 1
Start Date: Learners – 12 Jan
 20 March school holiday (long weekend)
 Learners writing until 27 March.
End Date: Learners – 29 Mar

Term 2
Start Date: Learners – 12 Apr
 26,28 April school mid term
End Date: Learners – 21 Jun

Term 3:
Start Date: Learners – 19 July
 10, 11 Aug mid term
End Date: Learners - 28 Sept

Term 4:
Start Date: Learners – 11 Oct
End Date: Learners- 13 Dec

Happy Birthday!

A very Happy Birthday to the following learners and teacher who celebrate their birthdays this week.

Bashir Alexander	Grade 1	27 February
Eden Sinclair	Grade 4	5 March
Mya Carollisen	Grade 5	28 February
Miss Steyn		2 March



Library Applications:

If you are in the process of applying for a library card, please email the Edgemean Library with your application at: edgemean.library@capetown.gov.za. This will save you time and queries can be answered directly

Cultural Activities:

Cultural /extra-mural activities take place on Thursday afternoons for Grade 3-6. It is compulsory and all learners are expected to attend. Activities will run from 14h40 to 15h30.

Rugga Roots Rugby Day:

Rugga Roots are having a Rugby Day at Panorama Primary School on Sat 25 March.

RUGGA ROOTS RUGBY DAY

BOYS AND GIRLS AGES 3-9 YEARS OLD (GR 3) ARE INVITED TO PLAY
 TAG RUGBY FIELDS FOR AGES 10-13 YEARS OLD

WHEN
 SATURDAY 25 MARCH
 PANORAMA PRIMARY SCHOOL

R120 REGISTRATION FEE PER PLAYER
*Payable on the day. *Children will be divided into teams according to their age
 *Session times will be sent out the Thursday prior to the event at 09:00

HOW TO REGISTER
 WHATSAPP
 YOUR CHILD'S NAME, SURNAME, GRADE AND SCHOOL
 TO THE FOLLOWING NUMBER
074 699 2477

Principal’s message:

Thank you to those parents who will be supporting us
 Newsletter #08 03 Mar 23 JNRS

PRESCHOOLERS GR000-GR R
Planning for the week: 6-10 Mar.
Theme for the week: Easter
Letter: Hh
Number: 7
PLEASE SEND THE FOLLOWING:
 Message books daily

tonight for the Twilight Colour Run & Market. We really appreciate your support for this cause.

We are approaching the test series and assessments soon. This time period is very stressful for our learners. Please ensure that they prepare before the test series starts. They need to use their weekends now to study and prepare for this time.

How can we, as parents, support our children? The thought of preparing for a test series or assessment will likely fill students' hearts with dread. Passing the term is important.

I will include a few tips:

1. Encourage plenty of sleep. Sleep deprivation is significant since well-rested learners tend to be healthier and more alert. While children should, naturally, get plenty of sleep throughout the year, parents should pay extra attention to sleep patterns when it's time for school assessments. According to the National Sleep Foundation, children 6–13 years old require 9 to 11 hours of sleep, and teenagers need 8 to 10 hours.

2. Tie study techniques to the child's style and interests. Make test prep as fun as possible! Kids may have different ways that they prefer to learn, including visual, verbal, social, and solitary, and parents often have a good idea of which learning style best fits their children. Matching test preparation activities to your child's learning style can be beneficial.

3. Seek out extra help. Tutoring can also help parents assess how well their children are prepared, and it is ideal for providing learners with the tools and concepts they need to prepare for assessments. Use the teacher as a resource.

4. Remain calm. Parents can easily convey their anxiety to their children, which often tends to increase the pressure that students feel. Naturally, parents do not want their children grappling with issues such as sleeplessness, decreased appetite, and panic as an important exam looms; instead, parents need to project a tone of positivity and encouragement.

We can make this time less stressful for the learners if we work together as teachers and parents. Whether you are in first or twelfth grade, assessments will always be stressful. It is important to establish good study habits for the learners to be able to cope.

Have a great weekend.
Primary School Staff

