



# Riverside College

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Estate

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[www.riversidecollege.co.za](http://www.riversidecollege.co.za)

21 April 2023

Dear Parents,

Anyone for a walk? Walking is such an understated activity. There is little or no cost involved. There are so many places to walk, even just around the block, yet we pass up exercise for the smallest of excuses. Research shows that regular walking modifies your nervous system so much that you'll experience a decrease in anger and hostility.

It is just amazing to see two people, or a group of walkers just striding away and chatting. As winter approaches, let's try to keep active and walk the winter chill away.

Mrs. Boake

## **Grade 4 News:**

We are going to be very busy this term with experiments, learning about what makes a good leader and using an Atlas. Last term was really special with them, and I can only hope that this term is even better! Let's keep reaching for the stars!

## **Grade 12 Fundraising Events:**

The Grade 12 class of 2023 has put together a list of fundraisers they would like to host for their matric farewell. The cost is R20 per event.

- 5th of May Dress up as a teacher in the school.
- 15th of June Dress up as the first letter of your name.
- 21st of July PJ Day.
- 1st of Sept Rainbow Day for spring day.

### **Africa Day**

Africa day is on the 25<sup>th</sup> of May 2023. Riverside College will be hosting an Art Auction on the 26<sup>th</sup> of May 2023 in celebration of Africa Day. Get ready for some great vibes, interesting snacks, and rhythmic African music. Get your outfit together and buy your tickets now!

### **Uniform -Term 2**

The learners will still be required to wear *either* summer or winter uniform until further notice. Please ensure that the learners adhere to the correct dress code. Learners are not allowed to mix Summer and Winter uniforms.

### **Stationery**

Kindly ensure that your child has the correct stationery and that there are no missing items. Please ensure that all stationery is marked.



2023 Mother's Day Vision Board Workshop

new year new goals new inspo

Looking for inspiration? Wanting to make a fresh start?

Then join our vision board workshop & identify your goals / dreams for 2023.

13 May, 2023

10:00 - 15:00

Investment: R400 for 1 / R780 for 2 / R995 for 3

for bookings or more info e-mail: [hello@riversidecollege.co.za](mailto:hello@riversidecollege.co.za)



**Africa Day**

Entrance: R50 per adult/R20 per child  
Food vouchers: R20 per country  
Drink vouchers: R20  
Available at the office from the 24 April 2023.

### **Mother and Daughter Event:**

At Riverside College we like to create beautiful memories and this Mother's Day will be no different. We are planning a beautiful mothers & daughters (and grannies / aunts) experience, making vision boards. The year may be running full steam ahead already, but we can set new intentions and make fresh starts at any given time.

Cost: R400 for 1 / R780 for 2 / R995 for 3

Date: Saturday 13 May, 10:00 - 15:00

What you get when you attend: A workshop offered by a certified practitioner, qualified to interpret your 9 sacred future focused areas on the vision board.

\*A guided meditation

\*All tools & materials provided

\*Refreshments & snacks

For bookings or more info e-mail: [hello@riversidecollege.co.za](mailto:hello@riversidecollege.co.za)

## **Goal Setting Feedback for Grades 4 - 6**

Mr Swart will be doing individual goal setting feedback sessions with all our learners in the next 2 weeks. This will be a perfect opportunity for the learners to discuss any assistance that they may feel they need in order to improve their academic goals and or achievements.

## **Mondays are Blazer Days.**

Buttons are available in the office at R20 a button. Kindly sew on **all** buttons with a needle and thread as the buttons come off rather easily.

## **Library**

Kindly send in library cards if they are at home.

25/04 Grade 4 and 6

02/05 Grade 2 and 3

09/05 Grade 5

10/05 Grade 4 and 6

## **Principal's message:**

We are in the full swing of things. First of all, I would like to congratulate Jaden du Preez, grade 9. His team participated at the National Baseball Championships (NBC) that were held in Boksburg, Gauteng, and which Jaden had represented for the u15 age group. The boys brought home the gold; they played nine games and won nine games, with their strongest opponent in the tournament being Gauteng A, whom they beat three times during the tournament, including the final. We are proud of you.

I would like to encourage parents to inform us of any extracurricular activities! We love to share this with our school community.

Thank you to the parents who support our cake sale. We appreciate your contributions. We made R 932.50. The money has gone towards our projectors, which have arrived and will be installed shortly.

Winter is approaching, making it automatically more difficult to get up in the morning. For me personally, the challenge is the darkness, and I am not even talking about load shedding, which adds extra pressure to your day!

The question for me is: How do we make getting up easier? I think for everyone, it would be different. A cup of coffee gets me up and going! I visualize my day, my tasks, and what needs to be done! By this time, I have forgotten about the darkness! Driving to school for me means singing in the car and listening to a podcast to get myself ready for the day. I also try to enjoy the little things in the morning.

I know that a calm environment in the morning sets the tone for the day. I would like to encourage parents and learners to get up 15 minutes earlier to have a calm start to the day rather than rushing and fighting all the way to school. That definitely has an impact on the learners.

Morning routines help develop your child's sense of self, responsibility, ownership, independence, family connection, and focus. It also gives them the tools and habits they need throughout life, which will set them up for success in many areas.

When we try to instill new habits, we do sometimes fail. The most important part is to keep going. Even if the first week we get up 5 minutes earlier than the previous week, we will succeed at the end of the day. The whole morning routine will become easier, calmer, and more enjoyable!

## **PRESCHOOLERS GR000 – GR R**

Planning for the week: 24 and 25 April

### Theme for the week:

The Circus

### PLEASE SEND THE FOLLOWING:

- Message Books daily

### PLEASE REMEMBER:

- A change of clothing every day
- A healthy snack + Water/ Juice
- No fizzy cooldrinks or sweets
- Label all school clothing items clearly with your child's name.

### WHAT WE WILL LEARN THIS WEEK:

Letter: Revision a-h

Number: 1-8

## **Important Upcoming Dates & Events:**

26 April – 1 May – Mid-term Closure

02 May – Class Photo's

03 May – Individual Portrait Photo's

05 May – Gr. 9 Cake Sale

13 May – Mother and Daughter Event

17 May – Bible Breakfast

25 May – Africa Day

26 May – Art Auction

02 June – Extra Murals end

07 June – Intermediate Phase exam start

12 June – Foundation Phase

Enjoy the weekend!!

Primary School Staff



**2023 Term Dates**

**Term 2**  
**Start Date:** Learners – 12 Apr  
26,28 April school mid term  
**End Date:** Learners – 21 Jun

**Term 3:**  
**Start Date:** Learners – 19 July  
10, 11 Aug mid term  
**End Date:** Learners – 28 Sept

**Term 4:**  
**Start Date:** Learners – 11 Oct  
**End Date:** Learners- 13 Dec

**BURGUNDY ELECTRICAL**

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**084 576 6932**  
**Mr Karl J Colwill (M.I.E)**  
COC'S / ELECTRICAL REPAIRS & MAINTENANCE / CALL OUTS

For Parents interested, here is our Online Enrollment Link - <https://www.ruggaroots.co.za/enrollment/>  
Enrollment - Ruggeroots  
<https://www.ruggaroots.co.za>