



Riverside College

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Burgundy Estate

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Dear Parents,

05 May 2023

Every single one of us would have come across the importance of discipline at some point or other in our lives, and how important it is to obey instructions and follow rules! But, have we ever thought about 'self-discipline'? Google defines the term 'self-discipline' to be "the ability to control one's feelings and overcome one's weaknesses." Thus, self-discipline is also to obey rules and commands but not from a position of superiority.

Where do we first learn discipline? Well, at school. From a young age, children go to school not just for education but also to learn about how to be a decent and kind human being. And to be a decent and kind human being, you need to be disciplined. Our parents do help us in the process, but we learn such things mostly at school, from our teachers and elders.

Self-discipline is essential for all humans. Because self-discipline aims at promoting better mental and physical health. To have better mental and physical health, you need to make better life choices.

We need to wake up early, have a routine, follow that routine, and sleep early. We need to work hard and be proud of what we have become. Taking breaks occasionally is okay. Just be happy, and do it for yourself. Not just to make others proud, you need to have self-discipline for your benefit. In the end, you would want to be happy and lead a fit and joyous life.

Ms. S. Cronjé

UPCOMING PARENT WEBINARS

Mr. Swart is hosting a number of parenting webinars over the next few weeks. During NALA parent feedback sessions many parents guidance on a range of parenting struggles and it is with this in mind Swart is inviting the parents of Riverside College to book their spots. for these webinars can be booked via ticketweb. Each webinar has it's own



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Tickets
link for



booking, please be sure that you use the correct link.

The Early Bird booking offer expires on the 5th of May.

Early Bird Booking is R100 per link (only 1 link per couple / family required) Normal Booking is R290 per link



Positive Parenting 10 May

<https://www.webtickets.co.za/v2/Event.aspx?itemid=1528893204>

Raising Boys 13/16 & 17 May

<https://www.webtickets.co.za/v2/Search.aspx?search=raising>

STOP Bullying – 13 June

<https://www.webtickets.co.za/v2/Event.aspx?itemid=1529205241>

Blazer Mondays:

A friendly reminder - All High School learners are expected to wear their blazers to school on Monday mornings for their weekly assembly. We are cultivating and entrenching the values and ethos of our school and in doing so this will be a compulsory requirement henceforth. Please ensure that blazers are clean, marked with your child's name and that **all** buttons are sewn onto the blazer. Buttons are available in the office at R20 a button.

We look forward to seeing our learners looking smart and proud!

Legacy Project:

The Riverside College Legacy Project is a way for current and past learners to be forever remembered as being a part of the history, the traditions and the legacies that have formed and shaped the heart of Riverside College.

An institution remains just that when people are not given a space and an opportunity to be who they are meant to be, and this is why Riverside College is not just an institution, but the portal through which many individuals have passed on their way to the future that they envisioned for themselves while building on the traditions and the history of this wonderful school.

In honouring these many boys and girls and the journey that they undertook at Riverside, we would like to offer this opportunity for them to leave a piece of themselves behind for those who will follow in the footprints that they are leaving or have left.

The Legacy plaque is available to any learner who attends Riverside College or has done so in the past. The way a child can leave their legacy for others to be inspired by is to purchase one of the following:

- Plaque outside a particular class (i.e.: a child's name & year on a plaque outside Gr 1 or Gr 12 for instance)
- A buddy bench for the garden
- Planting a tree in your honour with a plaque
- A Plaque in a general traffic area of the school

Mother and Daughter Event: RSVP by 10 May 2023

At Riverside College we like to create beautiful memories and this Mother's Day will be no different.

We are planning a beautiful mothers & daughters (and grannies / aunts) experience, making vision boards. The year may be running full steam ahead already, but we can set new intentions and make fresh starts at any given time.

Cost: R400 for 1 / R780 for 2 / R995 for 3

Date: Saturday 13 May, 10:00 -15:00

What you get when you attend: A workshop offered by a certified practitioner, qualified to interpret your 9 sacred future focused areas on the vision board.

*A guided meditation

*All tools & materials provided

*Refreshments & snacks

For bookings or more info e-mail: hello@riversidecollege.co.za

Systemic Testing:

News #16 05 May SNR

Once every seven years our learners have to undergo systemic testing as part of our accreditation as an independent school. Systemic tests measure learner academic development in three categories, namely language(literacy), mathematical (numeracy) & life skills. We have been notified that our systemic testing will take place in the next three months and Riverside College will receive the report within 60 days of the test. Usually independent schools are charged a rate of R720 per learner but we have qualified for a discount & thus the cost will only be R470 per learner. These are unprepared tests and will not have any effect on the learner's academic report for the year. It is there to measure education standards and perception.

Soccer matches coming up:

0/16 and 0/19 boys' soccer teams will participate in a soccer match on Saturday, 13 May 2023 against Oakland Academy. Please come and support the teams!

Extra lessons:

Extra lessons will commence on the 17 of April 2023 for all grades. A letter was sent home with all the information.

Grade 12 extra lessons:

Extra classes for grade 12 will be from 14:00 - 16:00 on these days.

12 May	Mathematical Literacy
19 May	CAT
26 May	Afrikaans

Grade 12 Fundraising Events:

The Grade 12 class of 2023 has put together a list of fundraisers they would like to host for their matric farewell. The cost is R20 per event.

15th June	Dress up as the first letter of your name.
21st July	PJ Day.
1st Sept	Rainbow Day for spring day.

Africa Day:

Africa day is on the 25th of May 2023. Riverside College will be hosting an Art Auction on the 26th of May 2023 in celebration of Africa Day. This promises to be an evening of fun and we will also be having a food fair as part of the celebration. Tickets are now on sale from the office.

Principal's message:

Welcome back after our mid-term break. I hope that everyone feels refreshed and ready to tackle the rest of this term.

On Tuesday morning in assembly, I shared the following message:

I heard someone say, "Don't cross oceans for people who wouldn't cross a puddle for you". At first, my thoughts were the same. As I got wiser, I realized that "showering people with kindness works better for me."

Cross oceans for people; love all people. Love and care for people without condition. Whether they are worthy or not. Cross oceans and climb mountains for them. Life and love are not about what you gain; they are about what you give.

I don't say tolerate abuse. But be mindful when dealing with people. We are all facing challenges. Some handle it better than others. Just be kind.

We are looking forward to our Mother's Day Vision Board morning as well as the art auction and Africa Day celebration. These events cannot be successful without your



Important Upcoming Dates &

Events:

- 13 May – Mother and Daughter Event
- 25 May – Africa Day
- 26 May – Art Auction
- 31 May – June Exam Starts
- 02 June – Extra Murals end
- 02 June – Gr. 7 & 8 Cake Sale
- 19 June – June Exam Ends
- 21 June – Term 2 End: Students

support. Please support us by buying tickets at the office. Our learners and teachers are working hard to make a memorable event.

I hope your weekend is filled with kindness. There are so many people around us who need it! Maybe you are one of them.

Have a blessed weekend!

School Schedule:

Monday	8 May	Day 1
Tuesday	9 May	Day 2
Wednesday	10 May	Day 3
Thursday	11 May	Day 4
Friday	12 May	Day 5



For Parents interested, here is our Online Enrollment Link:

<https://www.ruggaroots.co.za/enrollment/>.

