



Riverside College

Corner Cellars & Carmine Drive Burgundy Estate
Ph nr: 021 802 2001/3 074 779 1352

04 October 2019

Dear Parents,

We are back for the fourth and final term. We hope that everyone had a well-rested break and that our learners are ready to take on the last bit of the school year. It's a short term filled with many events, so it's going to be busy for all of us here at Riverside College. We also have exams and assessments at the end of the term, therefore we must make sure to maintain a good balance between work and play. Let's motivate and encourage each other to be the best versions of ourselves. Have a great term!

NEWS FROM THE GRADE 6 CLASS

It's not only the final term for the grade sixes, but also their last year in primary school! They are getting closer to joining the high school and they are getting excited, yet a little nervous. It's been a long and tough year so far, but they made it until now. I'm sure that they will be giving it their all this term and making it a great one. Good luck grade sixes, you got this!

THANK YOU

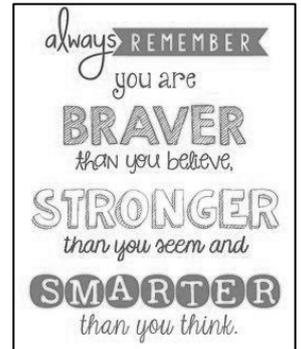
The food response to the Heritage Day celebrations was overwhelming. Thank you to all the parents who contributed and showed their heritage. You are amazing!

IMPORTANT DATES

Term 4	02/10 – 04/12
Parent meetings	03 October 15:00 – 18:00 – By invitation
Grade 4 – 6 Outing	11 October
Exams Gr 4 – 6	20 November
Prize Giving	06 November
Interhouse Athletics	15 November

LIBRARY

Grade 2 & 3 & 6	Tuesday, 8 October
Grade 4 & 5	Wednesday, 9 October



Happy Birthday!

A very Happy birthday to the following learners who celebrated their birthdays this week!

Dylan Branford	05 October	Grade 6
----------------	------------	---------



Brainteaser answer #31: 193

Brainteaser: #32

Gary began peeling a pile of 44 potatoes at the rate of 3 per minute. Four minutes later, Chris joined him, and peeled at the rate of 5 potatoes per minute. When they are finished, how many potatoes had they peeled.

Reminders and notes:

- Please add us on Instagram – search for riversidecollege_cpt
- If you haven't already, check out our Facebook and give it a like – search for –'Riverside College' and stay up to date with all activities.

Financial Assistance 2020:

Parents currently receiving financial assistance or those seeking financial assistance must please make application now in order to be considered for financial assistance in 2020.

Please e-mail or contact the financial team directly on 0218022004 or e-mail acc@riversidecollege.co.za to start the

AFTERCARE WEEKLY MENU – Week 1	
MONDAY	Spaghetti Bolognese
TUESDAY	Beef & Veggie Stew with Rice
WEDNESDAY	Fishfingers, veggies, baked beans, Treat: Fruit salad and custard/Soup
THURSDAY	Macaroni Cheese
FRIDAY	Savoury mince with veggies on rice

<u>PRESCHOOLERS GROOO – GR R</u> Planning for the week 7 - 11 October
<u>Theme for the week:</u>
Clothes
<u>PLEASE SEND THE FOLLOWING:</u>
- Message Books daily ☺
<u>PLEASE REMEMBER:</u>
- A change of clothing every day - A healthy snack + Water/Juice - No fizzy cooldrinks or sweets
<u>WHAT WE WILL LEARN THIS WEEK:</u>
Phonics: X
Numbers: 1 - 20

process.

A note from our Principal: Mr. D Swart

As a society today we are faced with so many challenges, obstacles and opportunities. Not only are we striving to survive as an individual, a partner, a parent, an employer or employee, but also balance the many other roles and responsibilities that we have. We are doing our very best to teach ourselves

and our children how to deal with the pressures and the problems that we encounter daily in our personal, work and school environments. These issues can and do range from abuse and violence at home, to bullying at work and school, to violence in our neighbourhoods and an extreme fear of everything unknown. We need to equip our children with the skills and coping mechanisms that they are going to need if we want them to survive in the climate that we are currently experiencing, but we doubt ourselves and we over compensate for our lack of time and attention that we give while we are trying to balance everything else. We pray that if we ignore their issues and problems for long enough, they will pass through that 'phase' and we will not have to deal with the hard things. Our children are faced with so many choices that they have to make on a daily basis, and some make the wrong choices consistently, not because they want to, but because they too doubt themselves and do not have the experience to back them up. They make choices everyday about alcohol, drugs, sex, relationships, academics, entertainment and even life. Many of our young people find this extremely overwhelming and traumatic and we are faced with the suicide rates as proof of this. Gender in all forms - is a subject that is receiving much attention currently, and it is vitally important that we are aware of this in all its facets.

Gender identity disorder, also known as Gender dysphoria – a situation in which a person does not identify with their biological sex – is just one of the many topics that is very real in our society today. Many who are struggling with this are very young. These young people are faced with extremely difficult choices which they cannot make on their own. As parents and as a school community we are the only safety net that they have, and this is an OPPORTUNITY for you to support your child in their quest of figuring out what their options are and to support them in making the correct choices for them as individuals. Yes it is difficult to accept that your child is different, but it is even more difficult to grieve the loss of a child because you didn't listen to, or hear their cries for help.

If you are faced with this and or other issues, please use the opportunity to help and support your child, knowing that you are not alone on this journey. Mr Swart is not only our academic principal, but also a trained Life coach, Counsellor and Advanced Master Psych-K facilitator. Please make an appointment to discuss the school policies around these matters with him and get the support that you need. We have and will continue to work very hard to ensure that Riverside College is a safe space for ALL learners and we will do everything possible to assist our learners and our parents on their individual journeys.

As one of my favourite people and much respected writer and activist Glennon Doyle Melton says:
We can do hard things!

Have a good weekend,
Primary School Staff