



# Riverside College

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3 September 2021

Dear Parents,

## *Ring a ding ding. It's the third day of spring!*

Yes, Spring arrived on Wednesday. With it comes the chance of renewal and revival. As families, we need to be aware that other families have come through difficult times but have not necessarily admitted this to anyone. Let's renew contact with other families within a safe space and just send a little something to them - A message, a pot plant, a flower. Life has changed and we need to accept the changes and revive and revitalise ourselves so that we welcome this Spring season with open arms.

**Mrs Boake**

### Grade 4 News

The Grade 4's have spent the last few weeks learning about heroes and heroines. We have learnt about Florence Nightingale, Wolraad Woltemade, Zola Budd, Doctor Khumalo, Nkosi Johnson, Miriam Makeba, Walter Sisulu to mention a few. This all completed in Afrikaans. *Julle het almal uitstekende werk gedoen!* Well done to all of you for informative posters and speeches.



### Important Dates

Term 3 – 26 July – 22 September (Teachers 23/09)

Term 4 – 12 October – 08 December (Teachers 15/12)

Test Series 13 Sep – 20 Sep

Test Series timetables are available on our website.

### Other news

1. A friendly reminder to parents dropping their child off in the mornings, please **do not park** or wait in the teacher's parking. The school bus needs to exit from the gate and cannot get past the parked cars.
2. Please note that the gate will only open at 7:30am for learners to enter the school's premises.
3. **Please pack a spare mask** in your child's school bag. The school does not have spares.
4. Be reminded as per our COVID-19 policy, if any learner shows symptoms or has come into contact with someone who has the virus, they need to self-isolate and go for a COVID-19 test before returning to school.
5. Learners should wear the P.E sports uniform on their allocated P.E days. If you are unsure of what days your child does P.E, please follow up with the classroom teacher.
6. Stationery – Please replace stationery items that are finished.

### Late Comers

Please ensure that your child arrives at school on time. The bell rings at 8am for morning line-up and then the learners go to class for registration. The Gr 00/00 – Gr 2 classes start at 08:15, therefore all learners need to be at school before 08:15 as it can be disruptive to the rest of the class when a learner arrives late.

### Late Stayers

We are experiencing a problem with primary school children who remain at school after 14:40 and wait for older siblings in the high school, instead of going home. These children will now be placed in the aftercare and parents will be charged accordingly. We cannot have children making a noise and being unsupervised while the high school is still busy. Please make every effort to collect your child at the right time.

### Conquesta Olympiad

The Olympiads will be written during schooltime after the given test of the day, starting from Monday 13 September and ending on Wednesday, 15 September. Certain children have been informed that they are participating.

### Test Series

The children from Gr 4-6 have now been issued with their test timetable and their "What to study". Please ensure that your child sets aside at least an hour a day to start with studying for the upcoming tests. Re-check stationery and get the correct stationery for the test series.

### Extra classes, Cultural extra murals and Sport

This is the last week for extra classes, cultural extra murals on a Thursday and Sport on a Tuesday.

### Stars of the Week

Grade 00/000	Aria Seocharan	Grade 3 Mya Carollisen
Grade R	Christian Mutenha	Grade 4 Eudesalo Manuel
Grade 1	Liyasanelisa Lofani	Grade 5 Tadisa Mhererwa
Grade 2	Grace Attala	Grade 6 Sinelizwi Bonongo



## Happy Birthday!

A very Happy Birthday to the following learners who celebrate their birthdays this week.



Gr 2	Oabilwe Keele	30 August
Gr 00/000	Kim Mthethwa	01 September
Gr 1	Athang Mosoma	03 September
Gr 1	Kopano Mosoma	03 September
Gr 4	Kendra Ranier	03 September

### Message from our principal Mr. D Swart

I know how tough I am on myself, and I know how angry I get when I do not meet my own or other's expectations. Anger takes over and the self-talk becomes negative and derogatory, but anger does not always have to be used negatively. The reason why it is called a masking, or a secondary emotion is because it hides the actual emotions that we are feeling. When I do not meet my own expectations I feel let down, disappointed, not good enough and so much more! So, instead of dealing with all of that, I explode in anger – I hide the true feelings I am feeling and project onto others the wounding that I am not able to deal with.

Parents, teachers, friends and families do exactly the same and this is how anger is used as a weapon instead of as a tool!

### PRESCHOOLERS GR000 - GR R

Planning for the week 6 - 10 Sep

Theme for the week: Spring

#### PLEASE SEND THE FOLLOWING:

- Message Books daily

#### PLEASE REMEMBER:

- A change of clothing every day
- A healthy snack + Water/Juice
- No fizzy cooldrinks or sweets

#### WHAT WE WILL LEARN THIS WEEK:

Letter: Tt

Number :19

Anger is a very powerful emotion and as the two-edged sword that it is, it can be used to either create or destroy. Do you say things in anger that you regret later on? Do you purposefully say things to hurt your children or loved ones? Do you wish that you could take back the things you said in anger? If your answer is yes to the above, then you have an opportunity to use your anger as a tool instead of as a weapon!

Create a safe space in which you can explore your emotions, talk to someone you feel comfortable with, deal with the hidden emotions of – disappointment, abandonment, rejection – or whatever it is that has wounded you and be a positive influence and a creator rather than the monster that uses words and anger to destroy others!

Have a wonderful weekend!

Keep safe

Primary School Staff