



Riverside College

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Burgundy Estate

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21 July 2023

Dear Parents,

Welcome Grade 12 learners to the last stretch of your academic year! There are 27 school days left to your final Life Orientation examination and the start of your prelim examinations on the 4th of September.

We would like to wish you all the very best for your upcoming examinations and in doing so we leave you with this thought.

As a team, your parents and your educators have from your first day in Grade 1 been working towards preparing you for this very day. Yes, it has taken 12 long years of your life, many tears and many thousands of rands, but now that you are standing at this point you need to know that you have got this! You have been given everything you need and most importantly you have our continued support, guidance and unshakable belief that each and every one of you can and will do your very best and secure for yourself the future that you have been dreaming of having once you are done with school.

The last task left for you to do is knuckle under and STUDY, STUDY and STUDY some more...because this is the final step – and you have to take it on your own, all we can now do is stand on the sidelines and cheer you on till the finish line. So, you go, and be the best version of yourself, for yourself!

Parent meetings:

Thank you for attending the parent meetings. Parents plays a vital role in a child's academic performance.

Winter accessories:

We understand that keeping warm is important during the winter months. However, we ask that you please keep in mind our school colors when choosing winter accessories. To ensure that our learners maintain a uniform appearance, the following items are permitted:

- White or maroon scarves. (Black is not a part of our school colors.)
- No beanies.

Also, kindly keep to white or flesh toned undergarments and not colored T-shirts. As well as socks – any other color sock must be worn underneath the grey socks and must not stick out in any way.

We do understand that it is cold, but please adhere to the school rules regarding our uniform.

Grade 12 Fundraising Events:

The Grade 12 class of 2023 has put together a list of fundraisers they would like to host for their matric farewell. The cost is R20 per event.

- 21st of July PJ Day.
- 1st of Sept Rainbow Day for Spring Day.

Absentees Notice

Flu season is upon us, and absenteeism is expected. As a friendly reminder, please notify the office by sending an e-mail to both info@riversidecollege.co.za and hello@riversidecollege.co.za if your child will be absent from school. This will help us to ensure that your child's absence is recorded and that they do not fall behind in their schoolwork.

UPCOMING PARENT WEBINARS

Mr D Swart – New dates will soon be shared.

The work involved in preparing and hosting these events is huge in terms of research, personal commitment and most importantly time, and I often wonder why we even bother when so few people from within our school community seem eager to reach out and join these events?

The answer is simple, it has less to do with affordability and everything to do with the fact that we have never been taught how to ask for help! We have repeatedly been told to just suck it up; stop complaining and get on with it; keep your battles and struggles away from prying eyes and don't ever talk out of the house...etc,etc,etc. The end result? We spend most of our lives feeling unfulfilled, angry, dispondent and helpless.

I constantly heard this growing up and so did many of you and your parents. Today as parents we are trying to do things differently, but because of our deep seated beliefs about this and so many other things we are still struggling to see and understand the benefits of asking for help, support and guidance.

There is no such thing as a broken child or person, we are all products of the programming and resultant trauma that we received and suffered as children – taught with good intentions, but sadly, often fueled by a lack of knowledge, and mis-guidance.

Many of these core beliefs operate subconsciously and therefore direct our lives without our conscious awareness. In order to change our lives we need to change our core beliefs about many of the things that cause us to stumble and fall. A simple example would be money, what is your belief about money? What were you taught about money? Do you believe that you are worthy of having money? Do you respect money? So we can ask a hundred questions to get to the actual belief that you hold about money, your worth as a person, your importance in the world around you and so many other things. This goes for everything in life, and instead of spending thousands and thousands of rands on trying to 'fix' something that you think is broken...just drop me an email and allow me to show you how to overcome and re-align your limiting core beliefs.

You can throw this in the bin and judge it to be rubbish, but then you will never know if it was the one tool that could help you transform your life or the life of your child. I dare you to break the cycle and try something different!

Mr. Swart is hosting a number of parenting webinars over the next few weeks. During NALA parent feedback sessions many parents wanted guidance on a range of parenting struggles and it is with this in mind that Mr. Swart is inviting the parents of Riverside College to book their spots.

We will shortly release the new dates for all the webinars that will be taking place in the near future.

School Photo's:

Dear Parents,

If you missed the opportunity to order your child's school photos, there is still time to do so. Please send your order to: info@framedbyclaire.co.za.

Saturday Sport Matches:

We are looking forward to the following sports events this term. Parents are welcome to support their children.

5 August 2023 – Wellington Prep & College – Netball (u/15 & u/19) and Soccer (u/16 & u/19)

19 August 2023 – Simond Private School – Netball (U/19)

Principal's message:

We missed you while you were on holiday, but we are so happy you are back. Welcome to all parents, learners, and teachers! We hope you have a relaxing and enjoyable time away. We cannot wait to reach our academic goals this term while we are having fun!

During this holiday I got to do a little bit of reading. I read this interesting story about 3 types of people in your life.

Firstly, you get the leaf people. These are people who come into your life for just a season. You can't depend on them.

Secondly, you get the branch people. They are strong, but they easily break away when life becomes tough, and they can't handle too much weight.

Lastly, you get the root people. These people are very important because they don't do things to be seen. They are supportive. Even if you go through a difficult time, they will water you and they are not moved by your position they just love as you are.

It is not all people you meet that are your friends. Some will stay and some will go. Identify people accordingly. Therefore, never make permanent decisions with temporary people. It may affect you in the future.

May this term be filled with laughter, success and "root kind of people." Let us support each other to reach the goals that we have set aside for ourselves.

Have a blessed Term 3!



Warm regards.
Staff and management.

Important Upcoming Dates & Events:

- 18 July – Nelson Mandela Day
- 20 July – Parents meeting
- 04 Aug – Cake sale
- 09 Aug – Women's Day celebrations
- 10-11 Aug – Midterm Break
- 14-18 Aug – Job Shadowing Grade 10 & 11
- 04 Sept – Life Orientation Grade 12 Exam

2023 Term Dates:

Term 3:

Start Date: Learners – 19 July

10, 11 Aug mid term

End Date: Learners - 28 Sept

Term 4:

Enjoy the weekend.